



Dear Parents:

Thank you for having your child complete the ImPACT Concussion Baseline test. The Center Foundation is pleased to be able to offer this service; thanks to generous support of Taylor NW, the community sponsor of Community ImPACT Baseline testing program. According to the CDC, concussions are second only to auto accidents as a leading cause of childhood injury. Young brains are particularly susceptible to the potential for second impact concussion syndrome which can have life long effects. The Center Foundation encourages Central Oregon youth to be active and involved in the safest way possible. The ImPACT baseline test is a computerized, neuropsychological “snapshot” of how your child’s brain is functioning without injury. We will store the ImPACT baseline on a secure site and if your child receives a concussion, you will be able to take your child to The Center where a specifically ImPACT trained medical professional can post-test your child and compare the results with this baseline. They can follow your athlete with repeat ImPACT testing and clinical assessment, monitor symptoms, and collaborate with other health professionals to make informed return-to-play decisions to ensure the health of your athlete (through an insurance or fee-based clinic). While ImPACT is not meant to be a comprehensive assessment, it targets areas that are most often affected by concussions such as memory, attention, speed of mental processing, and reaction time.

The effects of concussions are often not detectable on CT or MRI’s and athletes may underreport symptoms, making concussion a misunderstood injury with potentially serious consequences. It has become an international standard of practice for professional, collegiate, and high school athletes (with emerging inclusion of junior high programs) to undergo a neurocognitive baseline test and post-test following a concussion to determine when an athlete has returned to pre-injury functioning. Informed decisions regarding return-to-play in contact sports are critical in order to avoid the possibility of a more serious, cumulative injury during the vulnerable recovery period, which for younger athlete, tends to be longer than for adults.

If your child receives a concussion following this baseline, please call 541-322-2352 to schedule an appointment or can be seen through Now Care at The Center, Monday – Friday 9am – 4pm, located at 2200 NE Neff Road in Bend. The Center clinic is a Credentialed ImPACT Consultant which means that the physicians are specially trained to use ImPACT and are up to date on latest concussion management treatments. If your child is seen by one of our physicians they will have access to your child’s ImPACT baseline scores and the ability to administer the post injury test to aid in their post-concussion care. On your testing receipt will be your child’s Passport ID number, this can be used by any ImPACT trained physician to access your child’s scores to help manage a concussion. If you have any questions please contact Dr. Vivian Ugalde, medical director for concussion management at 541-382-3344. If your child is seen by a physician outside The Center, a post-injury ImPACT test will cost \$50. We encourage you to visit our web site, [www.centerfoundation.org](http://www.centerfoundation.org), for more information.

Thank you,

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*Thank you Taylor Northwest for your support of The Center Foundation Community ImPACT Baseline testing program*

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